



FOWLER HIGH SCHOOL MENU

Student lunch price: \$3.00 | Reduced price: \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily (Extra Extra). We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

May 16 - 20, 2022

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create →	Spaghetti with Meat Sauce Garlic Breadstick Green Beans	Beefy Nachos Refried Beans Corn	Salisbury Steak with Roll Mashed Potatoes	Breaded Chicken Drumstick Biscuit Fries	Quesadilla Chips & Salsa Corn
AMERICAN CLASSICS →	Spicy Chicken Patty Bosco Sticks Green Beans	Corn Dogs Cheesy Pretzel Bites Corn	Chicken Tenders Chicken Patty Mashed Potatoes	Cheeseburger on a Bun Popcorn Chicken Fries	Cheeseburger Chicken Nuggets Corn
Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust					
2 tomato →	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
ON THE GO →					
extra extra →	Asst. Fresh Veggies Asst. Fresh Fruit Asst. Canned Fruit	Asst. Fresh Veggies Asst. Fresh Fruit Asst. Canned Fruit	Asst. Fresh Veggies Asst. Fresh Fruit Asst. Canned Fruit	Asst. Fresh Veggies Asst. Fresh Fruit Asst. Canned Fruit	Asst. Fresh Veggies Asst. Fresh Fruit Asst. Canned Fruit

Questions or Comments? Please contact Jessica Anthony, Food Service Director, at janthony@fowerschools.net

USDA is an equal opportunity provider and employer

Go to www.sendmoneytoschool.com to check meal balances or make deposits

