



chartwells
serving up happy & healthy

Fowler High School

Student Lunch Price: \$3.00 Reduced Price: \$0.40

March 13th - March 17th

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily (Extra Extra). We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create	French Toast & Sausage Hashbrown	Orange Chicken Over Rice Fortune Cookie Broccoli	Popcorn Chicken Mashed Potato Bowl Biscuit Corn	BBQ Pulled Pork Sandwich Fries	Cheese Quesadilla Chips & Salsa Refried Beans
AMERICAN CLASSICS	Popcorn Chicken W Roll Chicken Patty on a bun Hashbrown	Spicy Chicken Bites Cheeseburger Broccoli	Mozzarella Sticks Spicy Chicken Patty Corn	Spicy Chicken bites Mini Corn Dogs W/ Roll Fries	Popcorn Chicken with Biscuit Dipping Sauce Refried Beans
Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust					
2 nd mateo	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
SO DELI	Build Your Own Salad	Build Your Own Salad	Build Your Own Salad	Build Your Own Salad	Build Your Own Salad
extra.	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggie Assorted Fresh Fruit Assorted Canned Fruit	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggie Assorted Fresh Fruit Assorted Canned Fruit	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggie Assorted Fresh Fruit Assorted Canned Fruit	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggie Assorted Fresh Fruit Assorted Canned Fruit	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggie Assorted Fresh Fruit Assorted Canned Fruit

Questions or Comments? Please contact Jessica Anthony Food Service Director at jessica.anthony@pwschools.org

(989)587-5100

USDA is an equal opportunity provider and employer

Go to <https://pewamo.familyportal.cloud/> to check meal balances.

