





Fowler High School

April 15th - April 19th

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate

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In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily (Extra Extra). We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
GYP at a	Pancakes With Sausage Egg Patty	Spaghetti W/ Meat Sauce Garlic breadstick	General Tso's Chicken Over Rice Fortune Cookie	Drumstick with Biscuit	Cheese Quesadilla Tortilla Chips & Salsa
cr eat e	Hashbrown	Green Beans	Broccoli	Mashed Potatoes	Corn
	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken
AMERICAN CLASSICS	Cheeseburger	Spicy Chicken Sandwich	Bosco Sticks W/ dipping Sauce	Mozzerella Sticks W Sauce	Chicken Patty
CLASSICS	Hashbrown	Green Beans	Broccoli	Mashed Potatoes	Corn
100	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust				
(2) mato	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza
SO DELI	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar
	Romaine Blend Lettuce	Romaine Blend Lettuce	Romaine Blend Lettuce	Romaine Blend Lettuce	Romaine Blend Lettuce
extra-	Baby Carrots Assorted Fresh Veggies & Fruits Assorted Canned Fruit	Red Peppers Assorted Fresh Veggies & Fruits Assorted Canned Fruit	Baby Carrots Assorted Fresh Veggies & Fruits Assorted Canned Fruit	Cucumbers Assorted Fresh Veggies & Fruits Assorted Canned Fruit	Baby Carrots
	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll

Questions or Comments? Please contact Jessica Anthony Food Service Director at Janthony@fowlerschools.net (989)587-5100 Go to https://fowler.familyportal.cloud/ to Deposit Funds