



Fowler High School

April 22nd - April 26th

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate. In addition to the vegetables and fruits offered on our serving line stations, a **daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tenders & Waffles Hashbrown	Beefy Nachos Refried Beans	Popcorn Chicken mashed Potato Bowl Biscuit Corn	Turkey & Cheese Sub Baked Cheetos Corn	White Cheddar Mac & Cheese with Pulled Pork Breadstick Tator Tots
AMERICAN CLASSICS	Popcorn Chicken Bosco Sticks W/ dipping Sauce Hashbrown	Popcorn Chicken Mini Corn Dogs Refried Beans	Popcorn Chicken Mozzerella Bites Corn	Popcorn Chicken Mozzerella Sticks W Sauce Carrot	Popcorn Chicken Cheeseburger Tator Tots
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust				
	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza
SO DELI	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar	Build Your Own Salad Bar
extra extra	Romaine Blend Lettuce Red Peppers Assorted Fresh Veggies & Fruits Assorted Canned Fruit Dinner Roll	Romaine Blend Lettuce Red Peppers Assorted Fresh Veggies & Fruits Assorted Canned Fruit Dinner Roll	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggies & Fruits Assorted Canned Fruit Dinner Roll	Romaine Blend Lettuce Cucumbers Assorted Fresh Veggies & Fruits Assorted Canned Fruit Dinner Roll	Romaine Blend Lettuce Baby Carrots Assorted Fresh Veggies & Fruits Assorted Canned Fruit Dinner Roll

Questions or Comments? Please contact Jessica Anthony Food Service Director at Janthony@fowerschools.net (989)587-5100 Go to <https://fowler.familyportal.cloud/> to Deposit Funds